#### **BACK TO SCHOOL LETTER**



September 3, 2024

#### TO PARENTS

## KIDS ARE BACK IN SCHOOL, SO ARE LICE!

Lice have been around for as far as memory serves and they are not about to disappear any time soon. Each year, in all regions of Quebec, tens of thousands of little hands start scratching behind their heads and ears. That is the sign to start the war against lice and to get ready for the battle!

# Information

Information, helpful hints and recommendations on how to treat head lice and nits are available in the *Documentation* section of the Ministère de la Santé et des Services sociaux Web Site at www.msss.gouv.qc.ca / English / under the title "Lice... Lice... Lice... All there is to know about head lice".

## **Head examination**

Buy a light colour **nit comb** (available for a reasonable cost in most pharmacies) and make a point of checking your child's head once a week. This will allow early detection and treatment of infested children as well as prevent the spreading to your family and school.

During the school year, your child's head may be examined by the school nurse or by another person named by the school. This will permit an easier prevention and control of head lice outbreaks.

# Inform the school and daycare

If your child has lice, we ask that you advise the school and daycare so we can act quickly and send you documentation on necessary measures and treatment.

### More letters...

You may be receiving, during the school year, one or more letters informing you that lice have been found on your child's head or someone else's head at school. Please follow the recommendations which will be adapted to each situation.

Parents' cooperation is essential in the prevention and control of head lice.

Kind regards,

Jean-Simon Poirier Principal

For further information, please call Info-Santé by dialing 811.