



Menu of the day price

Elementary:
\$6.10

Secondary:
\$6.55

The daily menu includes Soup, Dessert and a Beverage

- Soup or Dessert\$1.75
- Milk 200 ml.....\$1.50
- Chocolate Milk 200 ml.....\$2.25
- Wedge Sandwich\$3.40
- Caesar Salad.....\$4.10
- Parfait.....\$3.30
- Oatmeal Cookie\$2.30
- Fresh Fruit.....\$1.75

SCHOOL YEAR 2024 - 2025

WEEK 1

WEEK 2

WEEK 3

WEEK 4

Aug. 19
Sep. 16
Oct. 14
Nov. 11
Dec. 09
Jan. 20
Feb. 17
Mar. 17
Apr. 14
May 12
June 09

Aug. 26
Sep. 23
Oct. 21
Nov. 18
Dec. 16
Jan. 27
Feb. 24
Mar. 24
Apr. 21
May 19
June 16

Sep. 02
Sep. 30
Oct. 28
Nov. 25
Jan. 06
Feb. 03
Mar. 03
Mar. 31
Apr. 28
May 26

Sep. 09
Oct. 07
Nov. 04
Dec. 02
Jan. 13
Feb. 10
Mar. 10
Apr. 07
May 05
June 02

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cream of Mushroom Soup BBQ Chicken Drumstick Parsley Rice Green Beans Green Salad and Red Cabbage	Vegetable Soup Pork Souvlaki Buttered Carrots Garlic and Oregano Roasted Potatoes Spinach Salad	Cream of Carrot Soup Chicken Pot Pie Green Peas Chef's Salad	Chicken and Rice Soup Tofu and Spinach Lasagna ¹ <i>(D. Paquet, sec. 1)</i> Sautéed Vegetable Caesar Salad	Cream of Vegetable Soup Portuguese Chicken Herb Rice Mixed Vegetable Creamy Coleslaw
Cream of Sweet Potato Swedish Beef Meatballs Rice and Barley Pilaf Baked Zucchini Spring Salad	Beef and Barley Soup Butter Chicken Naan Bread Steamed Broccoli Fattoush Salad	Chicken and Noodle Soup Italian Pita California-style Vegetable Caesar Salad	Cream of Cauliflower Soup Chicken Parmesan Butter Pasta Green Beans with Pesto Spinach and Carrot Salad	Minestrone Soup Mac and Cheese Asian Vegetable Stir-Fry Mixed Salad
Onion Soup Teriyaki Chicken Rice Noodle Bistro Vegetable Mix Caesar Salad	Cream of Tomato Soup Mustard and Honey Pork Rosemary Roasted Baby Potatoes Broccoli and Cauliflower Green Salad	Cream of Carrot and Ginger Soup Turkey Burger Corn and Red Peppers Green Cabbage Salad	Vegetable Soup Shepherd's Pie Carrots sautéed with Cumin Chef's Salad	Green Lentil Soup with Curry Tandoori Chicken Potatoes with Montreal Spices Sesame Green Beans Carrot Salad
Cream of Chicken Soup Lyonnais Hamburger Steak Mashed Potatoes Peas and Carrots Red Cabbage Salad	Tomato and Macaroni Soup Chicken Fingers Spicy Roasted Potatoes Sautéed Green Zucchini Spring Salad	Parmentier Soup with Fresh Basil Meat Burrito Autumn Vegetable Mix Chef's Salad	Pea Soup Tortellini, Rosé Sauce Grilled Broccoli with Garlic Caesar Salad	Farmer's Market Soup Tuna Casserole Carrot and Edamame Asian Salad



* Plate registered with the Aliments du Québec au menu. / Contains 50% more ingredients of certified Quebec origin. Menus are subject to change according to the season and the product availability
(the identified dishes/products may be modified depending on the availability of supplies when preparing the recipes.)



** Dishes part of our vegetarian offer.



¹ Dish from the winning student of the vegetarian recipe competition in partnership with Lab 22.

